## Health and Wellbeing Market Place Event Thursday 14 March 2019

'DROP-IN' ANYTIME BETWEEN 10:30AM TO 1PM



Are you interested in services that can help you to live well, be healthy and stay independent in your own home?

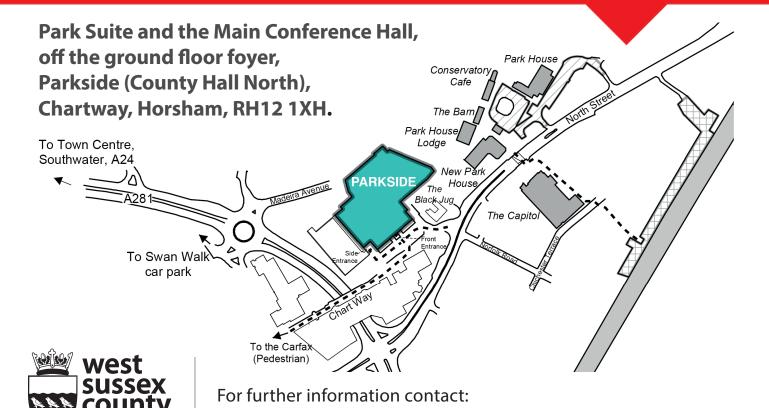
Or do you work or volunteer with local people to support them in this way?

WS31981 12.18

Come along to this FREE countywide event promoting activities, services and products provided for adults and older people by local voluntary and public sector organisations.

Over 65 market stalls, free wellbeing MOTs, a wellbeing café and more! A great opportunity to learn what is available across West Sussex within the local community, make contacts and take away information.

No need to book, all welcome just come along on the day.



marketplace@westsussex.gov.uk