



Gurjar Hindu Union (GHU) Ltd

Carers Support Group at Apple Tree Centre

Friday June 3rd

*with a representatives from the Stroke Association,
District Nurse and Carers Health Teams*

11am until 12.30pm – Doors open 10.30am

Apple Tree Centre, Ifield Avenue, Crawley RH11 0AF

- Do you look after someone who could not manage without your help and support?
- If you are looking after a partner, relative, child, neighbour or friend who has a long term illness or condition, is disabled or maybe frail, then you are a Carer and we are here to signpost you to appropriate services.

Further meetings in 2016

Friday August 5th; and Friday October 7th

**Come and meet representatives from Service Providers including
Alzheimer's Society, Carers Support West Sussex, Age UK,
West Sussex County Council, Diabetes UK etc.**

**For further information call Project co-ordinator
Koki Patel on 07950 245 715 or email patelkoki@hotmail.co.uk**